



Chester Santos, Memory Expert

Professional Speaker, Trainer and Coach

- Ward off memory loss by exercising the brain
- Mental stimulation protects the brain
- Learning new things can decrease decline

To stay mentally active- [Book Chester](#)

You Can Prevent Memory Loss!

“Stay mentally active to lower the risk of cognitive decline and Alzheimer’s.”

Chester Santos is a gifted teacher and memory expert who can assist the aging population with memory fitness exercises to aid with forgetfulness and memory slippage issues. As a National Memory Champion, Chester Santos has used the skills he has honed to teach thousands of people to exercise their brains and improve their memory so that it benefits them for the rest of their lives!

Improving memory is a powerful tool when you are in the aging process, because it helps support new nerve cell growth and increases cell-to-cell communication. Chester teaches memory techniques to all ages of people because he believes that everyone is capable of improving their memory and delaying the possible effects of aging.

Participants learn simple techniques to:

- Strengthen and improve concentration.
- Be able to better retain information.
- Stave off cognitive decline.
- Be able to remember the names of people they meet.

As a Memory Expert, Chester is capable of such amazing feats:

- He can learn hundreds of random words, names & faces, and poetry, in a matter of minutes. This was not always the case!
- As memorizing and perfectly recalling a 100+ digit sequence of numbers after looking at it for only five minutes.
- Memorizing and perfectly recalling an entire deck of playing cards in less than two minutes and 30 seconds.
- The amazing memory that Chester has developed is a result of exercising his brain with years of practicing, mastering a variety of memory improvement.

Available Workshops:

- **Memory Fun 101:** You will learn fun, practical, and easy to learn methods to quickly improve your memory. You will have a great time while learning powerful techniques that can be applied to whatever it is that you want to remember.
- **Memory Fundamentals:** Students will actually be able to feel their memories improving throughout the session. Everyone will leave this class with a sharper mind and a solid foundation in exercises and techniques that will benefit them throughout their lives.
- **Number Memory:** Learn to quickly and easily file numbers into your brain for instant recall whenever you need them. You will leave with a dramatically improved memory for numbers.
- **Names & Faces:** Learn effective and easy methods for remembering names. This invaluable skill that will benefit you for the rest of your life.

Achievements:

- **2008 US National Memory Champion**– more medals than any other contestant in the championships.
- **Creator of “Steel Trap” iPhone Application** which ranked in the top 50 paid applications in the U.S.
 - Featured by Apple in “New & Noteworthy and in “What’s Hot”
 - Ranked #2 Educational App in the U.S. and 19 different countries including a #1 ranking in Canada.
 - Ranked in the Top 50 Apps OVERALL in the United States, Canada and multiple other countries.



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[Watch Chester in Action!](#)

Specialties:

- Keynote
- Breakout Sessions
- Seminars & Workshops
- Private Consultation
- Audio Web Course Available

Recent Clients:

- CEO Club of Boston
- Harvard University
- Access Communications
- UC Berkeley Haas Graduate School of Business
- Royal University for Women in Bahrain
- Young Presidents Organization (YPO)
- Wells Fargo
- Morgan Stanley Smith Barney
- Robert Half International
- Western Athletic Clubs
- California Federation of Interpreters

Testimonials:

"If I were told in advance how much I was truly capable of remembering, I would never have believed it. The workshop was quite amazing. After learning Chester's methods, I was able to remember the names and faces of 40 people quickly and easily. I would highly recommend this workshop to anyone."

-Gene Maurillo, Age 58

"I couldn't believe that I was able to give a speech confidently without any notes and also remember the names of so many people that I met for the first time! Great workshop."

-Gladys Chang, Age 53, Clinical Lab Scientist, Daly City

Media Coverage:

Printed Media: New York Times, Wall Street Journal, San Francisco Chronicle, Washington Post, USA Today and many others across the world. **Television:** CNN, ABC, NBC, CBS, Fox and other television and radio coverage around the world. **Film:** Starred in 3 different documentary films on memory.

Based in San Francisco and available Worldwide.